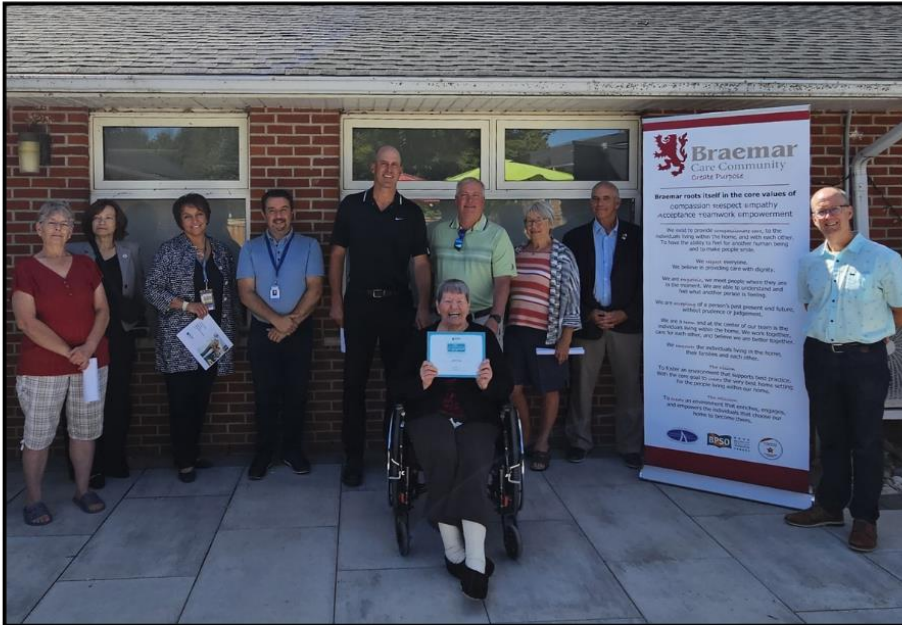


OCTOBER 2026

THE BRAEMAR BUZZ

Braemar LTC Community Engagement Day

Braemar was pleased to invite local officials and community partners on September 11th to help celebrate Long Term Care Community Engagement Day! The afternoon included a tour of our home, dialogue, awards, and ice cream! Thank you to those who made this event possible!



Back row, left to right: Linda Hall (Family Member) Judy Irwin (OLTCA Senior Manager of Communications), Esther Millar (Listowel Wingham Hospital Alliance President and CEO), Nelson Santos (North Huron CAO), Ben Lobb (MP Huron-Bruce), Mitch Wright (North Huron Councillor), Evelyn Rich (Family Member), and Paul Heffer (North Huron Reeve)
Front row: left Jewel Eden (Resident and Certificate Recipient), right Archie MacGowan (Braemar Administrator and Owner)

Archie MacGowan (left) awarding Braemar resident Ene McGregor with a Community Engagement Certificate

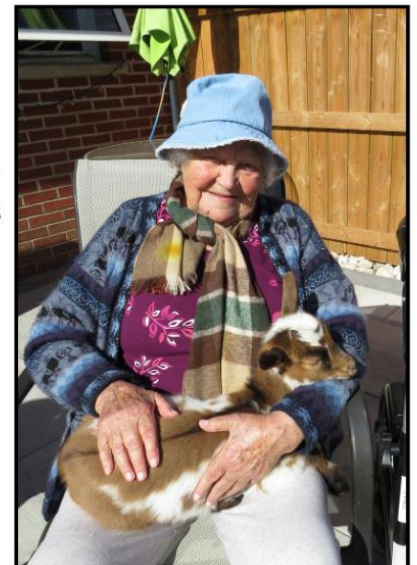


Ride for Dementia

Thank you to Richard & Eily Martin for organizing the Canadian Motorcycle Cruisers Saugeen Maitland Ride for Dementia on September 19th. Braemar appreciated being one of several stops on the ride! Funds raised will go to the Alzheimer Societies of Grey Bruce and Huron Perth.

Animal Visits

On September 23rd, residents enjoyed meeting some four legged friends including miniature horses, a donkey, goats, and bunnies. It was a lovely morning with lots of smiles!



\$10,642.00 / \$10,000.00

More Snapshots from September



Residents' Council

Did you know... monetary donations, including memorial donations, to Braemar Retirement Centre go directly to Residents Council.

Through Residents Council, the residents collectively choose how they would like to use these funds. Examples include: Special activities or events, entertainment, outings, recreation equipment, community outreach or other.

Please consider contributing to Braemar's Residents Council through one of their fundraising events, entertainment sponsorship, or a memorial donation. Residents' Council is grateful for your support!



Lloyd C - Oct 3
Irene W - Oct 8
Tom N - Oct 14
Antonina S - Oct 21

In Loving Memory

Shirley Hopper



Stay tuned for more details regarding Residents' Council's November 2026 Bake Sale!

Education Corner: Preventing and Managing Wounds

What is a wound?

Wounds can be known as cuts, sores or even ulcers located on the skin. What is not commonly known is that the skin is considered wounded even when it is not open. When the skin appears purple, firm or hardened it could indicate that the damage is deep under the skin and it may eventually erupt into a large wound.

How do we care for wounds?

The most important aspect of wound management is prevention! However, wound prevention and management can be challenging, particularly when the person with a wound or at risk for a wound is living with complicating factors that may increase risk or prolong the healing of existing wounds.

We can support optimal prevention and management of skin breakdown by using the following three guiding principles:

- The use of a logical and systematic approach, regardless of the specifics, to prevent and manage skin breakdown
- The constant and accurate flow of multidirectional and meaningful information with the wound care team
- The patient, as a part of the wound care team and at the core of all decision making



Wound care involves a multidisciplinary approach which includes our nursing department, physicians, pharmacy, dietician, and wound care specialist.

Information sourced from

