



Compassion Respect Empathy Acceptance Teamwork Empowerment

# Moving-In CHECK LIST

TO HELP ENSURE A SMOOTH AND COMFORTABLE TRANSITION INTO OUR CARE COMMUNITY, PLEASE REVIEW THE FOLLOWING ITEMS AND BRING THEM WITH YOU ON MOVE-IN DAY:

## ALL ABOUT ME:

- ☐ PROVIDED ON ADMISSION,
  - ↳ BRING A YOUNGER PHOTO THAT YOUR LOVED ONE WILL RECOGNIZE.

## PERSONAL INFORMATION:

- ☐ SUBMIT COPIES OF ALL CURRENT POWERS OF ATTORNEY  
PROVIDE ADVANCE DIRECTIVES OR OTHER HEALTH CARE WISHES

## BRING FAMILIAR, COMFORTING ITEMS TO PERSONALIZE THE ROOM:

- ☐ BEDSPREAD OR QUILT  
ARTWORK, POSTERS, OR FAMILY PHOTOS  
CLOCK, LAMP, RADIO, TV
  - ↳ (IF INSTALLING A WALL-MOUNTED TV, COORDINATE CABLE SETUP WITH A LOCAL PROVIDER)

## CLOTHING & PERSONAL BELONGINGS:

- ☐ AT LEAST 7-10 DAYS OF EASY-TO-WEAR, COMFORTABLE CLOTHING  
SEASONAL OUTERWEAR, SLIPPERS, AND INDOOR SHOES  
LABEL ALL PERSONAL ITEMS
  - ↳ (STAFF CAN ASSIST WITH LABELING)

## MEDICATION & MEDICAL NEEDS:

- ☐ A CURRENT LIST OF ALL MEDICATIONS WITH DOSAGES AND SCHEDULES  
ANY REQUIRED MEDICAL EQUIPMENT (E.G., CPAP, WALKER, WHEELCHAIR)

## FINANCES & TRUST ACCOUNTS

- ☐ CONSIDER SETTING UP A HOME TRUST ACCOUNT (FRONT OFFICE)
  - ↳ FOR OUTINGS, SPECIAL MEALS, OR PERSONAL PURCHASES

## ELECTRICAL & SAFETY:

- ☐ ENSURE ALL ELECTRICAL ITEMS ARE CSA CERTIFIED AND IN GOOD WORKING CONDITION  
NO SUPPLEMENTARY APPLIANCES ALLOWED
  - ↳ (E.G., ELECTRIC FIREPLACES, COFFEE MAKERS, ETC.)

## CONTACT & COMMUNICATION:

- ☐ PROVIDE ALL POWERS OF ATTORNEY AND KEY CONTACT DETAILS
  - ↳ INCLUDE NAMES, PHONE NUMBERS, AND EMAIL ADDRESSES

## HELPFUL TIPS

- ↳ ADJUSTING TAKES TIME – IT'S NORMAL FOR RESIDENTS TO TAKE A FEW WEEKS TO SETTLE IN.
  - ↳ ENCOURAGE REGULAR VISITS AND FAMILIAR ROUTINES EARLY ON.

- ↳ TALK OPENLY WITH STAFF – WE'RE HERE TO HELP AND WANT TO SUPPORT A SMOOTH TRANSITION.