The Braemar Buzz

719 JOSEPHONE STREET, WINGHAM

JULY 2025

OH CANADA! SUMMER FUN & BERRY GOOD TIMES



A Berry Big THANK YOU!

Wow—over 140 orders for our Strawberry Jam Fundraiser! You all really spread the love, and we couldn't be more excited. Every jar sold helps support our Residents Council, and we're so grateful for your sweet support. We're busy getting your jam ready and will give you a shout once it's good to go—expect it within the first two weeks of July. Didn't get a chance to order yet? No worries! Just reach out to Taylor (remember, it's cash only) to snag your jar of deliciousness.

Thanks again for making this fundraiser a smashing success—you're the jam!

BIRTHDAY'S

Linda C July 14th 1947

Doet B July 15th 1930

Eleanor M July 18th 1926

Linda W July 19th 1952

Edith W July 21st 1939

Eldiene C July 29th 1931

REMEMBERING THOSE WE'VE LOST

"Remembering those we've lost, we honor their lives and the love they left behind."

CONGRATULATION TO THE NEWST MEMBERS OF THE BPSO TEAM!





Congratulations to Simi Rajan and Linda Shaji, for successfully completing the BPSO Champions Program!

This achievement highlights their dedication to driving evidence-based practices and continuous improvement in patient care. We look forward to seeing the impact of their leadership as part of this prestigious program!

COMPASSION RESPECT EMPATHY ACCEPTANCE TEAMWORK EMPOWERMENT



Get ready for a sizzling summer celebration! Join us on July 10th, 2025, for Braemar's Summer BBQ featuring live Elvis entertainment, an obstacle bounce house, classic cars, bikes, tractors, and a delicious BBQ dinner. It's fun for all ages, and everyone is welcome! Can't make it this time? No worries—another BBQ event is coming your way in August 21st!



As temperatures rise, so does the risk of heat stress, especially for older adults and those with medical conditions. It's important to stay alert and take simple steps to prevent heat-related illnesses.

Stay Safe with These Tips:

- Drink plenty of water—even if you're not thirsty
- Stay indoors during peak heat (10 AM-4 PM)Use fans or air conditioning
- Dress in lightweight, light-colored clothing
- · Take cool showers or use damp washcloths











When the Weather's Too Hot... We Bring the Outdoors In! When summer turns up the heat, we get creative! This month, our residents enjoyed the great outdoors—without breaking a sweat. From indoor fishing and a cozy campfire experience to a fun-filled indoor beach day, we brought all the best parts of summer inside. Who says you need to be outside to make sunny memories?



Get ready to jingle all the way... in the sunshine! Join us the week of July 20th as we celebrate Christmas in July—a week full of festive fun, cool treats, holiday cheer, and surprise activities that'll make you forget it's summer (almost!). it's going to be a holly jolly good time!







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