

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2018

Braemar Nursing Home Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|
| | | | 1 9:30 Balance Class 10:00 Hand Massages 10:30 Fun & Fitness 2:00 Whiteboard Games 6:30 Bible Hour | 2 10:00 Ladies Coffee 10:15 Exercises with Julie & Travis 2:00 Country Traditions | 3 9:30 Balance Class 10:00 Outdoor Walks 10:30 Strength Class 2:00 Games Afternoon | 4 2:00 Popsicles and Trivia on the Patio |
| 5 2:00 Wingham Bible Chapel Church Service | 6 | 7 2:00 BINGO 6:30 Pub Night | 8 9:30 Balance Class 10:30 Fun & Fitness 2:00 Euchre 6:30 Bible Hour | 9 10:15 Exercises with Julie & Travis 2:00 Root beer Floats on the Patio | 10 9:30 Balance Class 10:00 Outdoor Walks 10:30 Strength Class 2:00 Keyboard Visits | 11 2:00 Darts |
| 12 2:00 St. Andrews Presbyterian Church Service | 13 9:30 Balance Class 10:00 Sensory Stim 10:30 Strength Class 2:00 BINGO 6:30 Happy Gang | 14 2:00 Birthday Party 6:30 Campfire – weather permitting | 15 9:30 Balance Class 10:00 Manicures 10:30 Fun & Fitness 2:00 Residents Council & Food Committee 6:30 Bible Hour | 16 10:00 Ladies Coffee 10:15 Exercises with Julie & Travis 2:00 Country Traditions | 17 9:30 Balance Class 10:00 1:1 Visits / Word Puzzles 10:30 Strength Class 2:00 Sundaes on the Patio | 18 2:00 Jazzercise with Michelle |
| 19 2:00 Church Service with Hillie | 20 9:30 Balance Class 10:30 Strength Class 2:00 BINGO | 21 2:00 Chit Chat Cafe 6:30 Patio Games | 22 9:30 Balance Class 10:30 Fun & Fitness 2:00 Euchre 6:30 Bible Hour | 23 10:15 Exercises with Julie & Travis 2:00 Cathy Kempert to Entertain | 24 9:30 Balance Class 10:00 Manicures 10:30 Strength Class 2:00 Michelle's Wedding | 25 2:00 Walk & Talk with Kailey |
| 26 2:00 Wingham United Church Service | 27 9:30 Balance Class 10:00 Sensory Stim 10:30 Strength Class 2:00 BINGO 6:30 Woodworking | 28 2:00 Garden Visits 6:30 Campfire – weather permitting | 29 9:30 Balance Class 10:00 Sensory Stim 10:30 Fun & Fitness 2:00 Bean Bag Toss | 30 Outing – TO BE ANNOUNCED | 31 9:30 Balance Class 10:00 Calendar Delivery 10:30 Strength Class 2:00 Wine & Cheese | Happy Birthday Jessie Sillick – 4 th Bob Scheffer – 7 th Joe Mitchell – 11 th Marie Christie – 16 th Marcia Dawson – 25 th |